

Personal Accomplishment Index

How frequently do the following statements apply to you?

0= Never

1= A few times a year

2= Once a month

3= Several times a month

4= Once a week

5= Several times a week

6= Daily

	Score
I can easily understand the actions of my colleagues/ supervisors	
I deal with other people's problems successfully	
I feel that I influence other people positively through my work	
I feel full of energy	
I find it easy to build a relaxed atmosphere in my working environment	
I feel stimulated when I have been working closely with my colleagues	
I have achieved many rewarding objectives in my work	
In my work I am very relaxed when dealing with emotional problems	
Total	